

Peace treaty

15th May 2016

Who are you to call me invisible?
Just because I'm not like others.
I am like them in many ways.
I make sure you take notice of me.

Others may not always see me,
But I am there. I know I am.
And you know it, too.

I'm there when you forget what you wanted to say.
I'm there when you stop in your tracks.
I'm there when you slip away from life
Into the fog of oblivion.
I'm there when you tell your friends you won't make it,
Again.
I make you wince of pain.
I don't let you sleep.

How dare you ignore me.
When I am such a big part of your life,
The biggest part of your life.

If you don't want me to take all of your life
You need to change.
You need to learn,
Learn to accept me and love me for what I am:
A part of you.

So let's stop our fight,
And try to get on.

Stop ignoring me, stop treating me as invisible,
And I won't need to make my presence known so much.

Listen to me,
And I'll let you get on with the other parts of your life.

But as soon as you forget me,
As soon as you call me invisible again,
I will return with a vengeance.